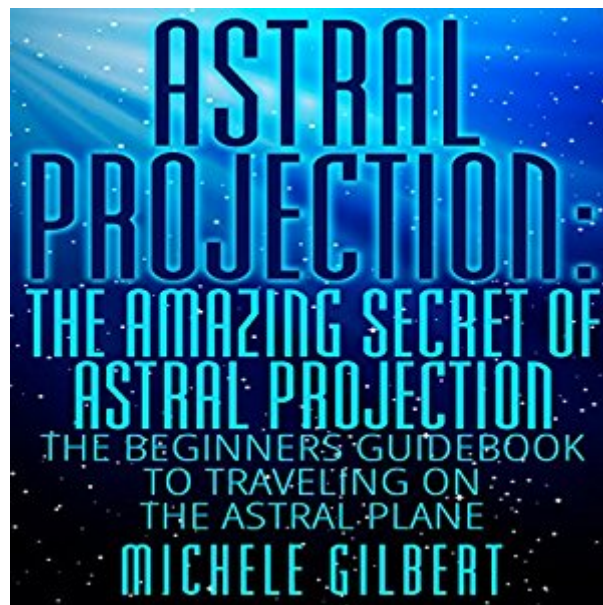




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# **Astral Projection: The Amazing Secret Of Astral Projection: The Beginners Guidebook To Traveling On The Astral Plane**



## Synopsis

Would you like to learn how to master the art of astral travel? What are the techniques used to travel the astral plane? Have you ever had an "out of body experience" and want to have it again? Well, then maybe Astral Projection is something that you should look into. I'm going to explain what we know about astral projection, the rich history of its presence in our lives, and the two methods most people use to start their own journeys down the path toward astral projection. Are you ready to see the world in a different way? Download *Astral Projection: The Amazing Secret of Astral Projection: The Beginners Guidebook to Traveling on the Astral Plane*. The techniques explained here require no special knowledge of the paranormal or astral projection. You do not need to have any mystic powers. Once you begin to practice these techniques you will never doubt when you see ordinary people doing extraordinary things. Out of body experiences may make more sense to you. *Astral Projection: The Amazing Secret of Astral Projection* would be a perfect companion book in your paranormal collection. You can refer to it again and again for many years to come! Learn.... What astral projection is The history of astral projection Your foundation About lucid dreaming The meditation route About things beyond this world Would you like to know more? Download your copy today to understand astral projection.

## Book Information

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## Customer Reviews

Tiny book for the price, very disappointed . Not sure if there's any new content but I feel really got ripped off. It's about 10 pages!

Learning to project myself to any destination anytime excites me. It is so amazing that if we would want to, we will be able to make our astral body and consciousness leave our physical body and explore. Besides the excitement and amazing experience, I believe astral projection can strengthen us mentally and can calm us spiritually, if practiced. Somebody told me out-of-body experience is not really dangerous, but as a first-timer, I would like to have a thorough understanding of this matter before actually doing it. This is the very first book I've read about this subject and it did not disappoint me. It gave simple and easy to understand explanations about astral projection's history, techniques and routes. Short but informative read. A good book for curious individuals who love reading materials with metaphysical subjects.

Being able to astral project is not a necessary component of living this lifetime, but it is fun and extremely intriguing. This book will help you realize that you are not your body, and that your consciousness lives on after death. Before you venture into the astral plane, make sure you are protected and vibrating at a high frequency. Always ask your guides, angels, and God to protect you. Be safe and have fun out there!

Not bad for an introduction book. Have recommended it to others curious about astral projection. By quick read I mean under 30 minutes.

Very concise and well worth your time if you want to learn about astral projection. My only complaint is I wanted more..

Great book, real eyeopener

Astral Projection was an informative audiobook on techniques and what to expect if you decide to study astral travel. I liked this book quite a bit as I practice meditation, although it does say that meditating isn't the best starting point for this. I would agree. He talks about using crystals and learning your chakras which will help on this journey. Learning how to lucid dream is a good place to begin and this book will explain how one can learn to do just that. It's just an overview, albeit a good one for beginners. I really liked John Edmondson's reading of this book. He has a powerful voice and speaks very clearly with good inflections and emphasis on important points. This was a really good collaboration.

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